

# 5

## reasons to vaccinate your child against **flu**

- ✓ **Protect your child**  
The vaccine will help protect your child against flu and serious complications such as bronchitis and pneumonia
- ✓ **Protect you, your friends and family**  
Vaccinating your child will help protect more vulnerable friends and family
- ✓ **No injection needed**  
The nasal spray is painless and easy to have
- ✓ **It's better than flu**  
The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record

- ✓ **Avoid costs**  
If your child gets flu, you may have to take time off work or arrange alternative childcare

IF YOUR CHILD HAS BEEN MISSED AT  
SCHOOL (Rec – Year 4)

**THIS IS THE LAST CATCH UP CLINIC  
WE ARE HOLDING**

Saturday 27th January / 10.00am to 2pm

Clinic Location:

Chrisp St Idea Store

185 E India Dock Rd, Poplar, London E14 6BT