



# Triple P – Positive Parenting Programme

## Managing Children’s Behaviour

### -Parent Discussion Groups-

#### Are you the parent or carer of a 2-11yr old?

Dealing with tantrums daily? Or have you had enough of the fights and squabbles between siblings?

If the answer is Yes!...why not join one of the discussion groups to improve your skills and increase your confidence when dealing with challenging behaviour.

Discussion Groups are a series of short sessions that help parents to develop a positive approach, using simple strategies you can put into practice straight away.

You can attend both Discussion Groups or select the one that fits your needs.

Topics	Date	Time	Location
• Encouraging positive behaviour	Friday 26 <sup>th</sup> November 2021	10am-12.30pm	E2 Venue
• Managing Fighting and Aggression	Friday 10 <sup>th</sup> December 2021	10am-12.30pm	E2 Venue

For more details and to book your place please email [parenting@towerhamlets.gov.uk](mailto:parenting@towerhamlets.gov.uk) or call 020 7364 6398

