

Tuesday 11 January 2022

Positive case of COVID-19 in Year 1 Timor class

Dear Parent/Carer,

I am writing to inform you that there has been a confirmed positive case of COVID-19 in **Year 1 Timor class**. We have identified that your child may have been in close contact with the positive cases during the infectious period.

While there is no longer a requirement for anyone under the age of 18 to self-isolate, there are important steps you should take for the 10 days after the last point of contact with the case, which is up to and including **Tuesday 18 January 2022**.

Follow these steps to help prevent further spread of the virus and protect others:

1. Do a daily LFT every day for 7 days or until 10 days since your last contact with the positive person.
 - Ideally tests should be done in the morning - before school
 - See information below on where you can pick up LFTs and how to do the test.
2. If the LFT is positive, then isolate and do a PCR test
3. Keep a close watch for symptoms. Anyone who develops any of the main three symptoms of COVID-19 should self-isolate immediately and arrange a PCR test.
4. If your child tests positive on a PCR, all other household members (excluding children under 5) will need to do daily LFT testing as above even if double vaccinated.

It is very important that you continue to inform the school if your child has any COVID-19 symptoms or of any positive test results so that we can ensure necessary steps are taken to keep everyone in the school community safe; you can call on 020 7790 4110 or email admin@benjonson.towerhamlets.sch.uk

More on LFTs

- Primary school students can:
 - Order home kits via the national portal [Order coronavirus \(COVID-19\) rapid lateral flow tests - GOV.UK \(www.gov.uk\)](https://www.gov.uk/order-coronavirus-rapid-lateral-flow-tests) If you experience any problems in ordering LFTs, please try again.
 - Collect testing kits from local collection points in Tower Hamlets including local pharmacies: [Rapid Covid-19 test \(towerhamlets.gov.uk\)](https://www.towerhamlets.gov.uk/rapid-covid-19-test)
- Watch [videos](#) on how to do LFTs
- Remember to [report](#) your LFT result within 24 hours

The three main symptoms remain:

- A high temperature
- A new, continuous cough
- A loss or change in sense of smell or taste

If any other type of symptoms arise, then also arrange a PCR test, but there is no requirement to isolate unless the result is positive.



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There are FOUR other steps that you can take to reduce the spread of infection:

1. Limit social contact as much as possible, particularly with any vulnerable people
2. Encourage mask wearing over the age of 11 in indoor crowded spaces and on transport
3. Maintain high standards of hand hygiene at all times
4. Everyone is encouraged to take twice weekly lateral tests at home or at a community test centre

Follow link: www.towerhamlets.gov.uk/testing

It is very important that you continue to inform the school of any positive test results so that we can ensure necessary steps are taken to keep everyone in the school community safe.

For more information on COVID-19 visit: www.towerhamlets.gov.uk/covid19 or <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Best wishes,

Norma Marshall, Headteacher

