



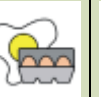

















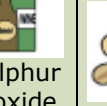















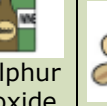





Allergen Table November 2024- April 2025 Page 1

Recipe Name	 Mustard	 Soya	 Celery and celeriac	 Milk	 Egg	 Fish	 Cereals containing gluten	 Sesame	 Sulphur dioxide and sulphites	 Peanut	 Nuts	 Lupin	 Molluscs	 Crustaceans
Baked Ricotta & Spinach Cannelloni with Tomato Sauce		Y		Y	Y		Y							
Battered Pollock Fillet	Y					Y	Y							
Beef, Pepper & Onion Pizza				Y			Y							
Bubble Salmon Fillet						Y								
Butterbean, Butternut & Vegetable Patty	Y													
Chicken Sausage Halal with Mashed Potato & Onion Gravy (GF)														
Chicken Shawarma Halal	Y	Y	Y	Y			Y		Y					
Chickpea & Mixed Vegetable Balti	Y			Y										
Cod Fish Fingers Primary						Y	Y							
Falafel in Sumaq & Za'atar Sauce							Y							
Irish Beef Stew														
Italian Beef Meatballs in Marinara Sub Roll				Y	Y		Y	Y						
Lentils & Vegetable Dahl	Y						Y							
Macaroni Cheese-	Y	Y		Y			Y							
Pulled BBQ jackfruit Burger							Y	Y						
Quorn Frankfurter Hotdog					Y		Y	Y						
Roasted Chicken Drumstick														
Vegemince Shepherd's Pie		Y												
Vegetable Hotpot														
Vegetable Nuggets with Katsu Curry Sauce	Y						Y							
Vegetable Strips Stir Fried with Noodles		Y			Y		Y							

Allergen Table November 2024- April 2025 Page 2

Recipe Name	 Mustard	 Soya	 Celery and celeriac	 Milk	 Egg	 Fish	 Cereals containing gluten	 Sesame	 Sulphur dioxide and sulphites	 Peanut	 Nuts	 Lupin	 Molluscs	 Crustaceans
Beef burger in a bun							Y	Y						
Beef Keema Curry	Y													
Butternut, Chickpea & Vegetable Curry	Y													
Cheese Tomato & Basil Pasta Bake	Y	Y		Y			Y							
Chicken Meatloaf														
Chicken Pie with Mashed Potato Topping														
Chickpea & Vegetable Jollof Rice														
Dublin Coddle														
Homemade Jerk Chicken, Rice & Peas		Y							Y					
Houmous & Roasted Vegetable Wrap							Y	Y						
Irish Quorn Vegan Beef Stew							Y							
Jacket Potato with Leek, Onions & Beans														
Jerk Sweet Potato, Butter Bean & Vegetable Curry														
Lamb Pasta Bolognese	Y	Y					Y							
Lebanese Chicken														
Lebanese Rice														
Leek, Onion & Tomato Quiche				Y	Y		Y							
Meat Feast Pizza				Y			Y							
Philly-style Veggie Cheese Dogs		Y		Y			Y	Y						
Piri Piri Vegan Meatballs in Tomato Sauce		Y					Y		Y					
Quorn Dippers							Y							
Roasted Vegetable Lasagne	Y	Y		Y			Y							
Spinach & Tomato Pasta bake	Y	Y		Y			Y							
Vegetable Frittata				Y	Y									
Vegetable Samosa							Y							

Allergen Table November 2024- April 2025 Page 3

Recipe Name	 Mustard	 Soya	 Celery and celeriac	 Milk	 Egg	 Fish	 Cereals containing gluten	 Sesame	 Sulphur dioxide and sulphites	 Peanut	 Nuts	 Lupin	 Molluscs	 Crustaceans
Cajun Diced Potatoes														
Champ				Y										
Chips														
Colcannon				Y										
Egg Noodles					Y		Y							
Flatbread							Y							
Gravy (Vegetarian)														
Lebanese Rice														
Plain Rice														
Roast Potatoes (Fresh)														
Roast Potatoes (Frozen)														
Spicy Diced Potatoes														
Baked Beans-Veg														
Broccoli- Veg														
Cauliflower- Veg														
Garden Peas- Veg														
Green Beans-Veg														
Green Cabbage- Veg														
Green Vegetable Medley-Veg														
Roasted Cauliflower-Veg														
Sliced Carrots (fresh)-Veg														
Sweetcorn- Veg														
Carrot & Cucumber Ribbons							Y							
Chef's House Salad														
Crunchy Coleslaw (Homemade)														
Crunchy Red Coleslaw (Homemade)														
Fattoush Salad		Y		Y	Y		Y							
Green Salad														
Macedoine of Vegetable Salad														
Pepper, Carrots & Cucumber sticks														
Potato Salad														
Tomato & Pasta Salad	Y	Y					Y							
Tomato, Basil & Red Onions Salad							Y		Y					

